## Claims

- 1. A package comprising a base web comprising a polymeric film or sheet having at least one recess therein and with a packaged item therein, and a sealing web sealed to the base web and covering the recess, the sealing web having a strength which substantially prevents the packaged item from being pushed therethrough on applying force to the recess in the base web, a portion of the package where the base web is sealed to the sealing web having two substantially parallel lines of weakness positioned so that said portion can be folded towards a portion of the sealing web and a corner of the package can be used to puncture the sealing web so that the packaged item can then be pushed through the sealing web.
- 2. A package according to claim 1, wherein the sealing web comprises a metal foil adhered to a polymeric web.
- 3. A package according to claim 2, wherein the metal foil comprises aluminum.
- 4. A package according to claim 2 or claim 3, wherein the polymeric web comprises polyethylene terephthalate.
- 5. A package according to any of the preceding claims, wherein the polymeric film or sheet comprises polyvinyl chloride.
- 6. A package according to any of the preceding claims, wherein the polymeric film or sheet has been thermoformed.
- 7. A package according to any of the preceding claims, wherein the polymeric film or sheet has been heat sealed to the sealing web.